Dr. Naim El-Aswad is a fellow of the American College of Physicians. He has been an internist and emergency room physician for over 18 years. He is the founder and Chief Medical Officer of Vital Signs Vital Skills, a coaching and consulting company that specializes in executive, life, and wellness coaching. Dr. El-Aswad is a national and international speaker, researcher, and educator on physician, nursing, and healthcare provider burnout. He is an expert in the field focusing on the use of emotional intelligence, self-leadership, and self-care in combating burnout. He has co-authored the book “Physician Burnout, An Emotionally Malignant Disease”, as well as several online and paper publications on burnout among healthcare providers. Dr. El-Aswad has conducted workshops, live and online training modules, and one-on-one interventions targeting physician and nurse’s burnout, healthcare provider leadership, and executive leadership in the healthcare industry. He is currently an adjunct faculty at the University of Houston providing CME education to physicians and executive leaders on burnout. He has worked with several clients including HCA, The Sullivan Group, McGill University, Harris County Medical Society (HCMS), Professional Development Academy (PDA), Methodist Healthcare systems, Memorial Healthcare System, EMCARE, and Envision.